**SPIRIT EXPRESSIONS Dance Schedule for 23-24**

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| **Mondays** | **Tuesdays** | **Wednesdays** | **Thursdays** |
| **Hard Wood Floor:** | **Hard Wood Floor:** | **Hard Wood Floor:** | **Hard Wood Floor:** |
| Jazz 4  with Miss Lindsey  4:15 – 5:15 p.m. | Intermediate Musical Theater (Jazz level 2 or 3)  with Miss Makayla  4 – 4:45 p.m. | Tap 2  with Miss Jenna  4 – 4:45 p.m. | Ballet 2  with Miss Jen  4 – 4:45 p.m. |
| Hip Hop 4  with Miss Lindsey  5:15 - 6 p.m. | Junior Musical Theater (Jazz level 1)  with Miss Makayla  4:45 – 5:30 p.m. | Tap 3  with Miss Jenna  4:45 – 5:30 p.m. | Jazz 1  with Miss Jen  4:45 – 5:30 p.m. |
| Lyrical/  Contemporary 2  with Miss Lindsey  6 – 6:45 p.m. | Adult Musical Theater  with Miss Makayla  5:30 – 6:15 p.m. | Evening Baby Stars  with Miss Jenna  5:30 – 6:15 p.m. | Jazz/Acro 2  with Mr. Kurt  5:30 – 6:30 p.m. |
| Ballet 3  with Miss Jen  6:45 – 7:45 p.m. | Big and Littles  with Miss Jenna  6:15 – 7 p.m. | Tap 4  with Miss Jen  6:15 – 7 p.m. | Hip Hop 1 for ages 9-16  with Miss Heather  6:45 – 7:30 p.m. |
| Lyrical/Contemporary 1  with Miss Jen  7:45 – 8:30 p.m. | Jazz/Acro 1  with Miss Jenna  7 – 8 p.m. | Senior Line Tap  with Miss Jen  7 – 7:45 p.m. | Hip Hop 2  with Miss Heather  7:30 – 8:15 p.m. |
|  | Adult Tap  with Miss Jenna  8 – 8:45 p.m. |  | Adult Hip Hop  with Miss Heather  8:15 – 9 p.m. |
| **Gray Floor:** | **Gray Floor:** | **Gray Floor:** | **Gray Floor:** |
| Afternoon Baby Stars  with Miss Emma  3:45 – 4:30 p.m. | Early Morning Tap 1  with Miss Jen  7:40 – 8:25 a.m. | Early Morning Ballet 1  with Miss Jen  7:40 – 8:25 a.m. | Early Morning Intermediate Acrobatics with Miss Jen  7:40 – 8:25 a.m. |
| Jazz 1  with Miss Emma  4:30 – 5:15 p.m. | Senior Citizen Stretch and Tone with Miss Jen  9:30 – 10:15 a.m. | Tap 1  with Miss Maggie  4 – 4:45 p.m. | Drop off the kids at school and get a workout!  with Miss Jen  8:45 – 9:30 a.m. |
| Hip Hop 1 for ages 6 – 8 with Miss Emma  5:15 – 6 p.m. | Morning Baby Stars  with Miss Jen  10:20 – 11:05 a.m. | Hip Hop 1 for ages 6 – 8 with Miss Maggie  4:45 – 5:30 p.m. | Ballet 5/Senior Ballet  with Miss Mady  4 – 5 p.m. |
| Senior Contemporary  with Miss Maddie  6 – 6:45 p.m. | LEAPS  with Miss Jen  3:15 – 3:45 p.m. | Hip Hop 3  with Miss Maggie  5:30 – 6:15 p.m. | Pointe  with Miss Mady  5 – 5:30 p.m. |
| Senior Hip Hop  with Miss Maddie  6:45 – 7:30 p.m. | Jr. Line Tap  with Miss Jen  3:45 – 4:30 p.m. | Intermediate Acrobatics with Miss Amber  6:15 – 7 p.m. | Ballet 4  with Miss Mady  5:30 – 6:30 p.m. |
| Junior Line Jazz  with Miss Maddie  7:30 – 8:45 p.m. | Ballet 2  with Miss Hanna  4:30 – 5:15 p.m. | Ballet 1  with Miss Amber  7 – 7:45 p.m. | Jazz/Acro 3  with Mr. Kurt  6:30 – 7:30 p.m. |
|  | Jazz 2  with Miss Hanna  5:15 – 6 p.m. | Senior Musical Theater (Must be in jazz 4, jr, or sr line jazz) with Miss Jen  7:45– 8:30 p.m. | Jazz/Acro 4  with Mr. Kurt  7:30 – 8:30 p.m. |
|  | Jazz 3  with Miss Hanna  6 – 7 p.m. |  |  |
|  | Conditioning for Jazz levels 4 and up  with Miss Hanna  7 – 7:30 p.m. |  |  |
|  | Senior Line Jazz  with Miss Hanna  7:30 – 9:00 p.m. |  |  |